

Supplement Facts

Serving Size: 3-5 capsules

Servings Per Container: 40-24

	Amount per 3 capsules	% Daily Value	Amount per 4 capsules	% Daily Value	Amount per 5 capsules	% Daily Value
Niacin (as Nicotinic Acid)	6 mg	30%	8 mg	40%	10 mg	50%
GABA (gamma-Aminobutyric acid)	1.8 g	△	2.4 g	△	3 g	△
DHEA (Dehydroepiandrosterone)	60 mg	△	80 mg	△	100 mg	△
5-HTP (5-Hydroxy-L-tryptophan)	60 mg	△	80 mg	△	100 mg	△
L-Theanine (5-N-ethyl-glutamine)	15 mg	△	20 mg	△	25 mg	△
Melatonin (N-Acetyl-5-methoxytryptamine)	3 mg	△	4 mg	△	5 mg	△

△ Daily Values not established.

Other Ingredients: gelatin, magnesium stearate.