

Nutrition Information

Serving Size: 1 Scoop / 30 g

Servings Per Container: 22

	Quantity per Serving	Per 100g Serving
Energy	460 kJ (110 Cal)	1536 kJ (367 Cal)
Protein	20 g	66.7 g
Fat, total	2 g	6.7 g
saturated	1.5 g	5 g
Carbohydrate, total	5 g	16.7 g
sugars	2 g	6.7 g
Dietary Fibre, total	2 g	6.7 g
Sodium	60 mg	200 mg
L-Carnitine Tartrate	100 mg	333 mg

All specified values are averages

A combination of complete (bonded amino acids) and free form amino acids make up the claimed protein content.

Ingredients: Protein Complex (Whey Protein Concentrate, Whey Protein Isolate, Micellar Casein, Whey Protein Hydrolysate, Egg Albumin, Sodium Caseinate) [66%], Maltodextrin, EFA Complex (Coconut powder and Flax Seed Oil powder providing MCTs, Emulsifier (Fibre Complex [Inulin, Non-diary creamer (Partially Hydrogenated Soybean Oil, Sodium Caseinate, Mono and Diglycerides, Dipotassium Phosphate, Sodium silico Aluminate, Soy lecithin), Apple pectin]), Thickener (Xanthan, Cellulose Gum, Carrageenan), RIPPED FREAK® Ingredient Complex (Sweet Red Pepper powder, Raspberry powder, Green Tea leaf powder, L-Carnitine Tartrate), Amino Acid Complex (Glycine, Glutamine, Leucine, Isoleucine, Valine), Conjugated linoleic acid (CLA), Enzyme (Bromelain), Natural and Artificial Flavour, Sweetener (Sucralose, Acesulfame Potassium).